

Success Profile Lived Experience Practitioner (Level 3)

Team Brimbank Melton Children's Health and Wellbeing Local

Supporting Lead Lived Experience Practitioner

You will make a difference by

- Empowering consumers who have a lived childhood experience or caring for a child who has mental ill health, developmental disability or challenges with emotional regulation and supporting their wellness journey through a range of non-clinical community based supports that is a strengths-based approach to individuals and groups.
- Establishing a relationship of mutuality and information sharing that promotes choices, self-determination and opportunities for collaborative learning.
- Meaningfully share your lived experience with consumers and staff, offering encouragement and support to improve consumers' overall mental health and wellbeing; and a peer perspective.
- Contributing to program content and activities which support the wellbeing of infant, children and families.



To succeed, you will need

- **Either:** 1) A lived childhood experience of mental ill health, developmental disability or utilisation of multidisciplinary health care and family supports; **OR** 2) A lived experience of caring for a child who has mental ill health, developmental disability or challenges with emotional regulation.
- Well developed communication and interpersonal skills to engage and support consumers from a mutual perspective through sharing lived experience.
- Training in Intentional Peer Support or equivalent and minimum of two years' experience working as a Lived Experience Worker or Peer Worker in a Health or Social Service.
- Commitment to consumer participation at an individual and group level and ability to participate in collaborative research and evaluation.
- Experience in communication, collaboration, and representation with diverse individuals and groups
- Proficiency in Microsoft Office suite including Outlook and current and valid Victorian Working with Children's Check



You will improve and promote One Team IPC Health by

- acting with purpose, measuring our results, and celebrating achievements (**We make a difference**)
- going above and beyond, demonstrating understanding and respect for our communities and each other (**We are passionate**)
- learning, experimenting and innovating (**We are creative**)



We will contribute to your success by

- providing opportunities for you to share what is important to you, your wellbeing, and what you need
- aligning the contribution you make to IPC Health's strategy
- guiding you in what to do, when and how to do it
- developing your skills with regular feedback and exploring career opportunities
- ensuring you feel fulfilled at the end of each work day
- being committed to maintaining a barrier-free environment for all and welcoming individuals of diverse backgrounds, including but not limited to, those from the Aboriginal and Torres Strait Islander, Culturally and Linguistically Diverse and the LGBTI communities



Key Deliverables and Measures

- Apply lived experience to support families in a person-centred, strength-based approach to service delivery that improves their health and wellbeing.
- Collaborate and sharing of information with relevant services that integrates the peer perspective, supporting tailored and coordinated care and responds to increase needs or risk.
- Maintaining best practice principles and continuous quality improvement.
- Deliver a community led service through actively participation in co-design, co-planning and co-delivery through lived experience.



Key Relationships

- Manager Child and Family Health and Wellbeing Services
- Team Leader, Brimbank Melton Children's Health and Wellbeing Local
- Brimbank and Melton community members and health services
- Staff members in the Brimbank Melton Children's Health and Wellbeing Local
- Lived Experience Workforce across IPC Health
- Stakeholders in the Brimbank Melton area



 MINDFULNESS

 IMPACT

 INNOVATION

 DIVERSITY

Mindfulness

in leadership is represented by the focus and presence of mind to act with integrity, grit, resilience, adaptability and kindness — even in challenging circumstances.

Impact

in leadership is a mindset that compels you to seize opportunities, to act with self assurance, to inspire action, and to empower others through active listening and communication.

Innovation

in leadership is a growth and learning mindset that thrives in ambiguity, senses change, fosters deep curiosity and enables experimentation and creativity to thrive.

Diversity

in leadership is a mindset that enables the awareness, empathy, collaboration and diplomacy to communicate, engage and work with anyone.

At IPC Health, we believe that strong leadership is a state of MIND. We are all leaders.

MIND ipc health leadership