



POSITION DESCRIPTION

THERAPEUTIC PROGRAM COUNSELLOR

SALTBUSH AT A GLANCE

Saltbush Social Enterprises (**Saltbush**) is a not-for-profit NT organisation that was developed in response to the critical need for grassroots opportunities that create prosperity parity for marginalised Territorians.

To learn more, visit www.saltbushnt.org.au

Job Title	Therapeutic Program Counsellor
Saltbush Division	Therapeutic Programs
Location	Darwin
Employment Type	Permanent, Full time
Reports to	Service Delivery Manager
Hours of Work	Normal business hours and such further additional hours as reasonably necessary including some out of hours flexibility.
Travel	Some regional and remote travel may be required as part of this role.
Compliance Requirements	National Police Clearance, NT Working with Children (OCHRE) Card, NT Drivers licence, Current First Aid, COVID-19 Vaccinations.

PRIMARY PURPOSE OF POSITION

The Therapeutic Program Counsellor will work within Saltbush programs such as Supported Bail Accommodation and the Low Intensity Mental Health Service (LIMHS) Program to deliver targeted interventions to most appropriately support young people and adults.

The Therapeutic Program Counsellor will ensure that therapeutic interventions provided to participants of the programs are underpinned by robust evidence-based & outcome-driven approaches.

Through this position, intensive support and training will also be offered to staff such as support workers working with young people with trauma, loss and attachment issues.

KEY DUTIES & RESPONSIBILITIES

To ensure success in your role as the Therapeutic Program Counsellor, you will:

- Deliver early intervention and prevention counselling as well as programs aimed at minimising the frequency and occurrence of poor mental health and at reducing the heightened lifetime impact of mental disorders and mental illnesses.
- Work with partners to develop collaborative systems and multi-agency pathways that further support and enhance the mental health and wellbeing of young people and adults.
- Work with the Therapeutic Program team to provide therapeutic interventions to participants engaged in our programs, ensuring all critical processes are followed and the established framework adhered to by all therapists regarding the referral/intake, treatment, discharge and throughcare of participants.
- Maintain a monitoring and evaluation system to ensure accurate and complete data is recorded for all participants and ensure treatment plans are updated progressively or reflected in case notes.
- Deliver evidence based psycho-social interventions appropriate to clients presenting problems including, but not limited to, brief interventions, cognitive behaviour therapy, community reinforcement therapy, motivational enhancement therapy and group work.
- Work within an ethical and legal framework and ensure services are provided in line with legislation, policy and procedural requirements.
- Develop and maintain relationships with a range of providers such as AOD, mental health, health and related services including networking with organisations and proactively seeking to partner in service delivery, for referrals and in the throughcare phase.
- Ensure staff understand and comply with all Saltbush policies, procedures and reporting processes.

ESSENTIAL SELECTION CRITERIA

- Tertiary qualification in Psychology, Social Work, Occupational Therapy or Counselling along with current registration with the professional body relevant to your qualification/s.
- Demonstrated experience with trauma informed therapeutic counselling frameworks and practice.
- Demonstrated experience in clinical leading and risk management.
- High level experience working with clients, predominantly youth, who have co-existing and complex needs and an understanding of strength based approaches.
- Demonstrated experience in providing high quality support to clients and families including group work.
- Demonstrated excellent interpersonal, written and oral communication skills.
- Demonstrated ability to develop and maintain collaborative working relationships with service providers and relevant stakeholders with a particular focus on mental health services.
- Comprehensive knowledge and experience of the issues affecting Aboriginal and Torres Strait Islander peoples.
- High level organisational skills and self-motivation with the ability to take initiative when working alone and able to interact and work in a team.