



# POSITION DESCRIPTION

POSITION TITLE: Trainer – Stay Strong Program

POSITION NUMBER: 5316

DIVISION / SECTION: Wellbeing and Preventable Chronic Diseases (WPCD)

SUPERVISOR: Project Site Leader – Adelaide (5137)

1

CLASSIFICATION LEVEL: GSL 6

SALARY RANGE: \$53.51 per hour

STATUS (FTE): Casual

DIRECT REPORTS: 0

**INDIRECT REPORTS:** 

SPECIAL PROVISIONS: - Ability to obtain and maintain a current Working with Children

Check and Driver's Licence.

 Vaccinated against COVID-19 and ability to provide suitable evidence to Human Resources.

- The successful applicant may be required to travel occasionally (by light aircraft or 4WD) for up to two weeks at a time within the Northern Territory. The frequency and timing of travel can be negotiated and there may be no travel or potential to travel overnight 5-10 times per year depending on future funding.

- This position will be based in Adelaide.

#### **ABOUT MENZIES:**

As one of Australia's leading medical research institutes dedicated to improving the health and wellbeing of Indigenous Australians, and a leader in global and tropical research into life-threatening illnesses, Menzies School of Health Research continues to translate its research into effective partnerships and programs in communities across Australia and the Asia-Pacific region.

#### SUMMARY OF POSITION:

The First Nations Trainer will work within the Menzies Stay Strong program. The Stay Strong program is committed to developing, testing and delivering training in mental health promotion strategies for First Nations people.

This position will be specifically engaged with the e-Mental Health in Practice (eMHPrac) and the AlMhi for Youth (AlMhi-Y) projects. These projects aim to develop, promote, implement and evaluate digital mental health and related resources (including the AlMhi Stay Strong app and the AlMhi-Y app and support package) to improve mental health and wellbeing for First Nations adults and young people.

The successful candidate will liaise closely with the Stay Strong team, as well as participate in delivery and evaluation of the established Stay Strong digital mental health and cross-cultural training program.

Located in Adelaide the First Nations Trainer will work with the research team as needed and agreed on each project.





#### PRIMARY RESPONSIBILITIES:

- 1. Actively participate with the research team to engage and consult with services, deliver training and conduct research and evaluation which is respectful of Aboriginal and Torres Strait Islander culture.
- 2. Provide input into, and assist with coordination of resource development activities, in collaboration with the research team.
- 3. Actively upskill in digital mental health and related resources including the AlMhi Stay Strong app, the AlMhi-Y app and other support packages to participate in co-delivery of training on mental health promotion strategies. This will include maintaining current knowledge of these resources with ongoing, continuous learning and development to keep abreast of latest developments through formal, social or self- directed learning.
- 4. Act as a role model for First Nations adults and young people to facilitate awareness and adoption of mental health promotion strategies
- 5. As a trusted advisor who First Nations adults and young people can relate to, assist them with navigating mental health and well- being resources including Stay Strong digital mental health resources, while keeping in touch with their cultural heritage.
- 6. Understanding and awareness of relevant Workplace Health and Safety as well as Equal Opportunity principles and legislation along with a commitment to maintaining a healthy and safe workplace for all Menzies staff, students, volunteers and visitors.
- 7. Undertake any other tasks as reasonably required by the supervisor, manager and/or Director.

## **SELECTION CRITERIA:**

#### **Essential:**

- 1. A degree in a related field (health or community services) with subsequent experience in research ethics, or a combination of relevant experience and training.
- 2. Demonstrated good verbal communication skills, sound interpersonal and negotiation skills, self-confidence, and the ability to interact effectively with people from a wide range of backgrounds.
- 3. Demonstrated experience working with Aboriginal and Torres Strait Islander people, communities and organisations in a mental health, alcohol and other drugs, primary healthcare, or education and training capacity.
- 4. Demonstrated experience in cultural knowledge.
- 5. Ability to communicate effectively in writing, prepare basic correspondence in accordance with required formats, and commitment to maintaining confidentiality.
- 6. Good understanding of smartphone and tablet use.
- 7. Understanding of, or an ability to acquire understanding of, mental health terms and treatments, research processes and the ethical considerations for conducting research with human participants.
- 8. Demonstrated experience in facilitating focus groups, workshops and training.
- 9. Demonstrated ability to work independently without direct supervision and maintain good organisational and time management skills to undertake the range of administrative and liaison activities of this position.
- 10. Demonstrated organisational and time management skills and punctuality.
- 11. Ability to build strong productive relationships within an organisation and collaborative external partnerships. Well-developed capacity to consult, collaborate and negotiate effectively with people from diverse cultures and a wide range of stakeholders.
- 12. Demonstrated ability to show initiative, sound judgment, attention to detail and discern sensitive issues.
- 13. Demonstrated ability to work with others collaboratively in a team environment.
- 14. The ability to interact effectively with people from diverse cultures.





## Desirable:

1. Previous experience managing or coordinating research or other relevant projects.

## **COVID-19 Safety Requirements:**

- 1. Menzies encourages all staff to be fully vaccinated in accordance with the latest guidance and recommendations for COVID-19 vaccination as issued by the Australian Technical Advisory Group on Immunisation (ATAGI).
- 2. Menzies requires all staff to implement, as directed, risk control strategies that provide them with protection from COVID-19 in the workplace such as good hygiene practices, mask wearing, physical distancing and any other reasonable direction.

This Position is designated for Aboriginal and/or Torres Strait Islander people only.

The position/s will only be open to Aboriginal and Torres Strait Islander applicants. The filling of this position/these positions is intended to constitute a special/ equal opportunity measure under s section 8(1) of the <u>Racial Discrimination Act 1975</u> (Cwlth) and section 57 of the <u>Anti-Discrimination Act 1992</u> (NT).

Approved by: Menzies Human Resources

Date: 09 March 2023