

Service Overview: Centre for Women's, Children's & Family Health, Campbelltown



The Centre for Women's, Children's and Family Health (CWCFH) provides a range of therapeutic interventions and services which support women, children and families to enhance health and wellbeing outcomes.

We have 5 teams in the following areas: Intake & Staying Home Leaving Violence, Women's Health Counselling, Under 18's Trauma & Wellbeing Counselling, Education & Groups.

We offer integrated support services including intake and assessment, crisis intervention, counselling (crisis, short, medium and longer-term), family therapy, psycho-education, case management (including information, advocacy and referral services), therapeutic childcare, groups (therapeutic and physical movement), health promotion and community education services which educate, empower and support women to change.

Program stats

Number of Staff: 24 inc 3 Team Leaders

Number of Clients 1,400 women and 270 children

Service area: Macarthur Region (comprising Campbelltown, Camden, and Wollondilly LGAs)

Who are our Clients?

We work predominately with women affected by domestic violence or sexual assault and their children.

What are our outcomes?

We support women so they gain the confidence and feel empowered to make positive, safe and informed choices.

Our work with women can lead to varied outcomes including:

- Improved well-being and welfare across the life span (including mental health, physical, emotional sexual and psychological health)
- Increased sense of safety (e.g. physical, emotional, psychological, financial, etc.)
- Greater sense of belonging and connectedness to community
- Improved support systems and networks
- Stronger sense of identity, purpose and meaning
- Enhanced sense of personal power and control over their own lives
- Healing from the effects of trauma, including domestic violence and child sexual abuse
- Improved family functioning and relationships (especially mother-child attachment)

What approaches inform our work?

We work from a trauma informed, person-centred approach underpinned by social justice principles. We aim to educate and empower women and have a strong focus on the dynamic of power and control.

Join our passionate team and make a real difference

The Benevolent Society is a not-for-profit and non-religious organisation and we've helped people, families and communities achieve positive change since 1813.