



KATHERINE HOSTEL AND ROCKY RIDGE NURSING HOME

KATHERINE

Who we are

Australian Regional and Remote Community Services (ARRCS) provides care and support to people in regional and urban communities, throughout the Northern Territory.

Our work began in 2014 with aspirations to improve the quality of life for people living in regional and remote areas of Australia. Today, our commitment remains stronger than ever. We provide support to people from Darwin to Kaltukatjara (Docker River), through aged care services, childcare and regional home care services, residential aged care and school nutrition programs. We take a holistic approach, and a deep respect for all Elders and Aboriginal cultures is at the heart of our work.

What We Do

Building partnerships is central to all that we do. We work together – respectfully, side-by-side, knowing that everyone brings experiences, culture and skills with them, which ensures our journey together is stronger. Across the breadth of our programs and services, ARRCS ensures that the people and families we work with are making informed decisions. To support their choices, we partner with communities, government departments, regional support providers, health clinics, Aboriginal Medical Services and local GPs.

Our staff and volunteers are compassionate and knowledgeable members of the local community, who are committed to providing personalised care and support. More than a service provider, we understand that we are an important part of the regional and remote communities in which we work and acknowledge our responsibility to ensure our people are connected to those communities, people and cultures.

Where we work

ARRCS has eleven residential aged care facilities across seven locations and offers home care assistance and packages to a large portion of the Northern Territory.

Alice Springs is home to:

- Flynn Lodge
- Hetti Perkins Home for the Aged
- Old Timers Village
- Home Care - Central Region
- School Nutrition Program

Darwin is home to:

- Juninga Centre
- Terrace Gardens
- Home Care - Top End

Kaltukajara (Docker River) is home to:

- Tjilpi Pampaku Ngura Flexible Aged Care
- Kaltukajara Home Care

Katherine is home to:

- Katherine Hostel
- Rocky Ridge Nursing Home
- Katherine Home Care

Mutitjulu is home to:

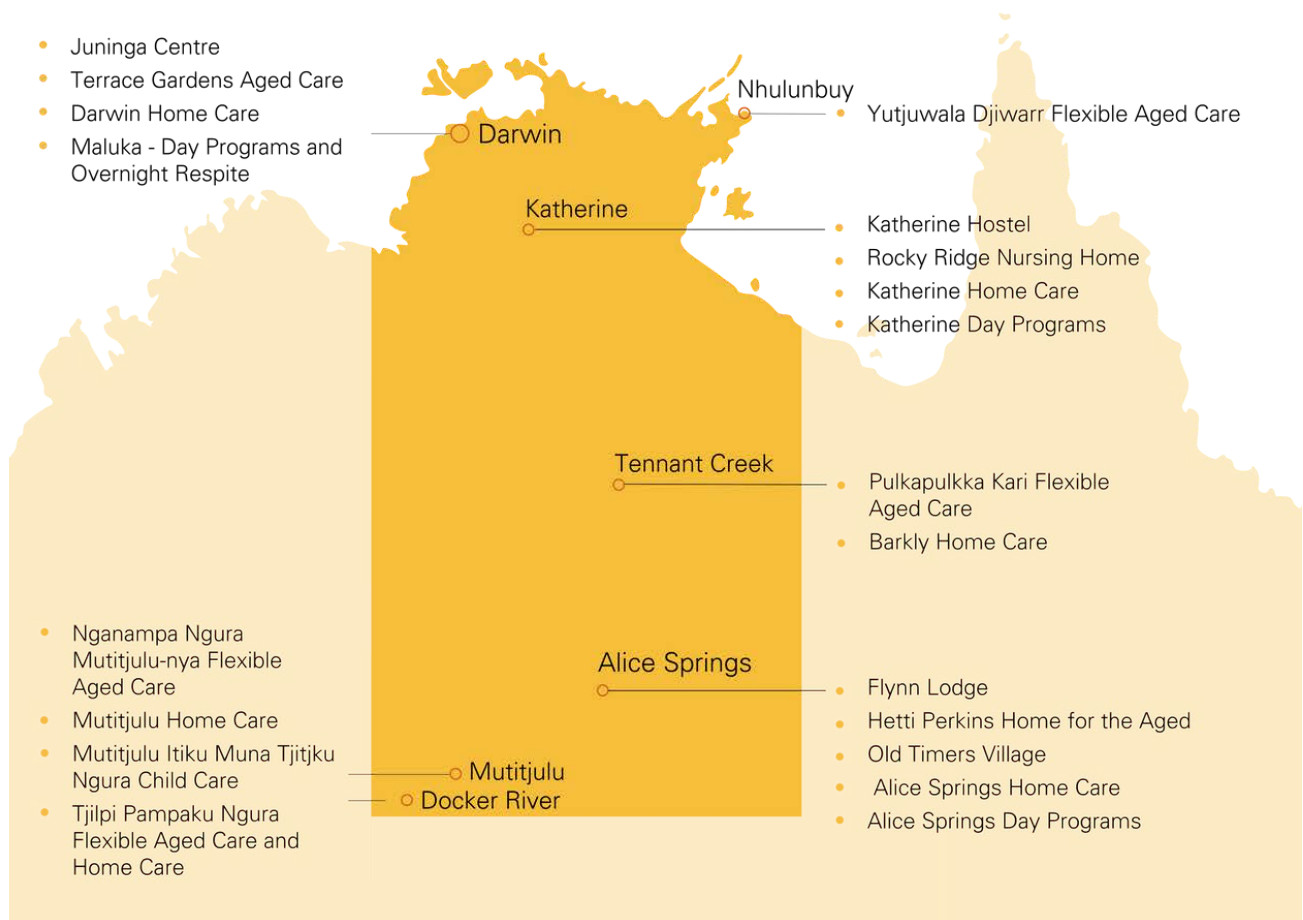
- Naganampa Ngura Mutitjulu-nya Flexible Aged Care
- Mutitjulu Home Care
- Mutitjulu Itiku Munu Tjitjiku Ngura Childcare

Nhulunbuy is home to:

- Yutjuwala Djiwarr Flexible Aged Care
- Nhulunbuy Home Care

Tennant Creek is home to:

- Pulkapulka Kari Flexible Aged Care
- Barkly Home Care



Katherine Hostel

Katherine Hostel is an open-plan environment, situated alongside the Katherine River. With trees, foliage and well-planned grassy areas, where our residents can enjoy the fresh air and sunshine, or join the yarnning circle, it's a peaceful place, tucked away from the busy streets in Katherine. We have 30 beds in single rooms all with ensuites. While air conditioning is available, most people like to keep their doors open to feel the lovely breezes and cool down in the Territory heat.

Rocky Ridge Nursing Home

Rocky Ridge Nursing Home is also open planned with lovely green spaces. We have 25 beds all in single rooms with shared ensuites. We focus on what our residents most enjoy and building on that. Our residents can often be found outdoors enjoying the gardens, weaving, sewing or just taking it easy listening to music.

At both Katherine Hostel and Rocky Ridge Nursing Home, you will find seven-day activities program that is flexible and developed around the interests of and requests from our residents and is culturally informed. Outings are also frequent at both Rocky Ridge and Katherine Hostel.

Katherine

Katherine marks the point where the traditional lands of the Jawoyn, Dagoman and Wardaman Aboriginal peoples converge. It has been a meeting place for First Nations people for many thousands of years and remains so today. The Katherine region has a population of just over 24,000, with 60% of this population identifying as Aboriginal and/or Torres Strait Islander. Katherine is also home to the RAFF Base, Tindal.

It is situated on the Katherine River, after which it is named, 320 kilometers southeast of Darwin. Shops, banks, cafes, restaurants, clubs, pubs, Post Office, hospital, clinic and pharmacy can all be found in Katherine. We encourage you bring your own vehicle so you can make the most of Katherine and the surrounding area.

City	Distance from Katherine	Time to travel from Katherine
Darwin	317 km	3-hour 25-minute drive 55-minute flight
Adelaide	2,716 km	3-hour 45-minute flight from Darwin
Brisbane	3,110 km	3-hour 45-minute flight from Darwin
Melbourne	3,440 km	4-hour 10-minute flight from Darwin
Sydney	3,620 km	4-hour 20-minute flight from Darwin

Amenities

Katheine is a small town that has all the conveniences you would expect. You can find a Woolworths, Kmart, Target, pharmacies, banks, public library, clothing and specialty stores and many restaurants, pubs and clubs. You can also find a golf course, public pool as well as other sports activities. Online shopping is also readily available for anything you can't find in town.



Weather

The temperature during summer averages slightly higher than Darwin and the winters can be reasonably colder. Our November, December and January temperatures can rise as high as 40 degrees.

The facility has an open space design and there are times where you will find yourself working outdoors in the veranda areas. Staff are encouraged to pack light comfortable clothing for the summer and appropriate winter clothing for the colder months.

	January	February	March	April	May	June
Mean Maximum temperature °C	34.9	34.3	34.5	34.0	32.1	29.9
Mean Minumum temperature °C	23.9	23.7	22.9	20.4	17.1	14.0
Average Rainfall (mm)	238.1	215.3	157.4	33.4	5.3	2.0
	July	August	September	October	November	December
Mean Maximum temperature °C	30.1	32.5	35.4	37.7	38.0	36.5
Mean Minumum temperature °C	13.2	15.5	19.6	23.6	24.7	24.4
Average Rainfall (mm)	0.9	0.5	6.3	27.0	89.0	197.4

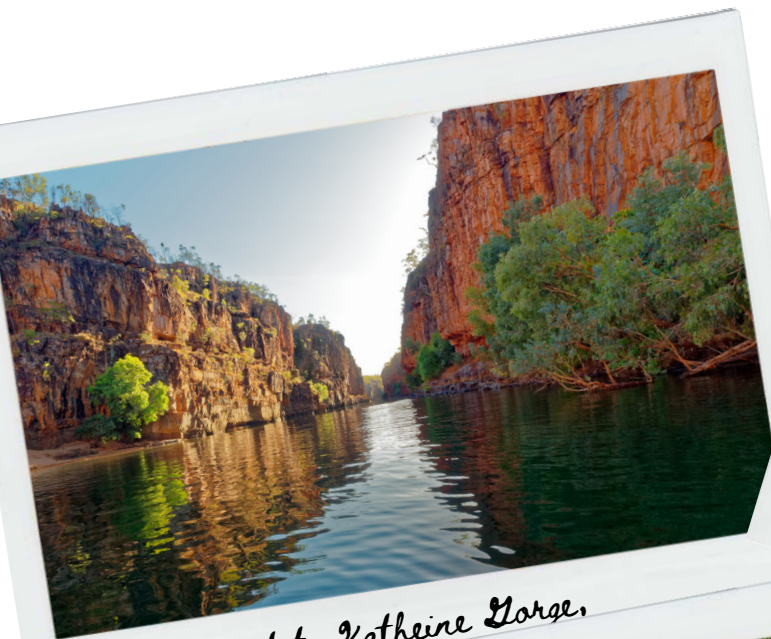
Data courtesy of the Bureau of Meteorology - <http://www.bom.gov.au/climate/data/>

Things to do

During your down time, you can read, watch movies or television, visit with your co-workers or enjoy staff BBQs or take in all the Big Rivers Region has to offer.

Nearby sites to visit include:

- Cutta Cutta Caves
- Katherine Gorge and Edith Falls (Nitmiluk National Park)
- Mataranka Hot Springs and Elsey National Park
- Bitter Springs
- Kakadu National Park



*Our visit to Katherine Gorge,
Nitmiluk N*



*Our visit to Jim Jim Falls,
Kakadu National Park*



Our visit to Mataranka Hot Springs

Working for Katherine Hostel and Rocky Ridge Nursing Home

Accommodation is provided to some of our employees. Depending on availability we have single and shared accommodation which is fully furnished and secure. You will need to bring toiletries and medication and other personal items, and you may bring your own bed linen if you wish. Please note, Telstra mobile service is the preferred service to provide adequate coverage.

Depending upon the type of accommodation, you may need to vacate if you are on extended on leave, as your accommodation may need to be occupied by relieving staff.

Typically, the facility runs a set rotating roster, with minor changes due to operational requirements. Shifts are between 10 and 12 hours daily depending upon operational and staffing requirements. Days off and range between 1 to 5 days off per fortnight. Work duties can be quite diverse; as both Katherine Hostel and Rocky Ridge facilities are small, everyone helps with everything.



Things to note

- Although small, Katherine does have all the essential conveniences for shopping and health care
- Residents can become agitated or aggressive. If this does happen, we have a safe area within the day room/office
- Weather - the weather at Katherine can reach extreme heats of 40 to a low of 0. These are the extremes, however the averages range between 33 and 16.
- Due to the natural environment, we are prone to have a variety of creepy crawly fauna (snakes, spiders, lizards etc.)
- We are a dog and cat friendly facility with a number of furry companions by our resident's sides. Our resident cats and dogs play an important role in the everyday life of our people and are vet checked to ensure they remain happy and healthy too.

Contact us

ARRCS People and Culture Team
08 8982 5200
people@arrcs.org.au
www.arrcs.org.au



Check List prior to arriving at Katherine Hostel or Rocky Ridge Nursing Home

- ☐ **1** Details for payroll
 - Bank account details, tax file number, superannuation details, passport and work visa for non Australian Citizens
- ☐ **2** Culturally appropriate clothes for summer and winter
 - Collared shirts, long pants, shorts, jumpers/jackets, gloves socks and a hat. Please also bring coat hangers
- ☐ **3** Appropriate work clothes
 - Long work pants, two pairs of covered work shoes. Uniform shirts will be provided
- ☐ **4** Clothes for leisure time
 - Swimwear and sunscreen for trips
 - Sandals, walking boots, running shoes also suggested
- ☐ **5** Required personal medication
- ☐ **6** Money to see you through to your first pay
- ☐ **7** Toiletries, alarm clock, torch and any personally preferred cleaning supplies
- ☐ **8** Electronics and personal items
 - Mobile phone and charger (Telstra is best for coverage), camera, radio, tablet, laptop, books, etc

NOTES



NOTES





ARRCS AUSTRALIAN
REGIONAL & REMOTE
COMMUNITY SERVICES

CONTACT US

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