

YUTJUWALA DJIWARR FLEXIBLE AGED CARE

NHULUNBUY

Who we are

Australian Regional and Remote Community Services (ARRCS) provides care and support to people in regional and urban communities, throughout the Northern Territory.

Our work began in 2014 with aspirations to improve the quality of life for people living in regional and remote areas of Australia. Today, our commitment remains stronger than ever. We provide support to people from Darwin to Kaltukatjara (Docker River), through aged care services, childcare and regional home care services, residential aged care and school nutrition programs. We take a holistic approach, and a deep respect for all Elders and Aboriginal cultures is at the heart of our work.

What We Do

Building partnerships is central to all that we do. We work together – respectfully, side-by-side, knowing that everyone brings experiences, culture and skills with them, which ensures our journey together is stronger. Across the breadth of our programs and services, ARRCS ensures that the people and families we work with are making informed decisions. To support their choices, we partner with communities, government departments, regional support providers, health clinics, Aboriginal Medical Services and local GPs.

Our staff and volunteers are compassionate and knowledgeable members of the local community, who are committed to providing personalised care and support. More than a service provider, we understand that we are an important part of the regional and remote communities in which we work and acknowledge our responsibility to ensure our people are connected to those communities, people and cultures.

Where we work

ARRCS has eleven residential aged care facilities across seven locations and offers home care assistance and packages to a large portion of the Northern Territory.

Alice Springs is home to:

- Flynn Lodge
- Hetti Perkins Home for the Aged
- Old Timers Village
- Home Care - Central Region
- School Nutrition Program

Darwin is home to:

- Juninga Centre
- Terrace Gardens
- Home Care - Top End

Kaltukajara (Docker River) is home to:

- Tjilpi Pampaku Ngura Flexible Aged Care
- Kaltukajara Home Care

Katherine is home to:

- Katherine Hostel
- Rocky Ridge Nursing Home
- Katherine Home Care

Mutitjulu is home to:

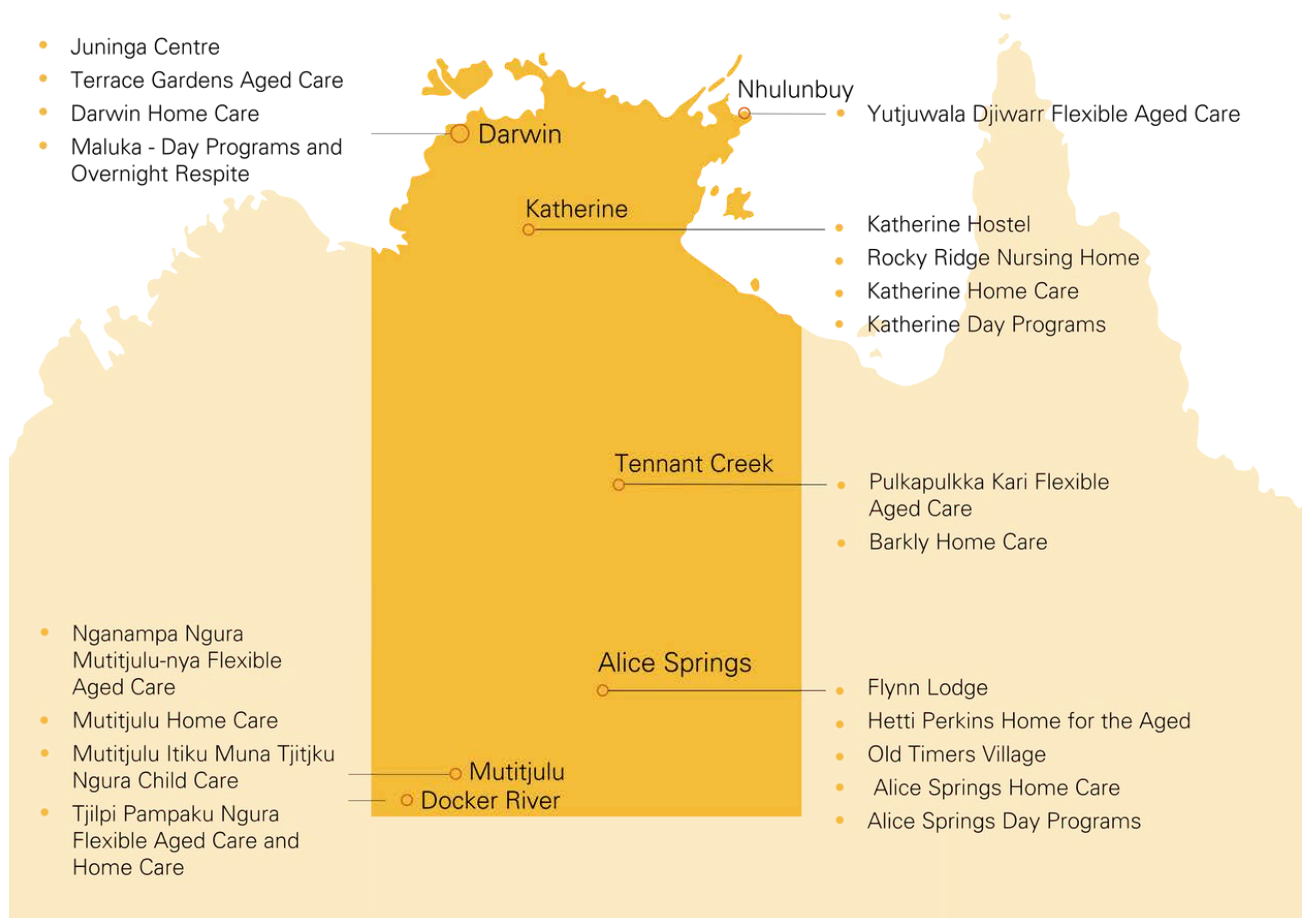
- Naganampa Ngura Mutitjulu-nya Flexible Aged Care
- Mutitjulu Home Care
- Mutitjulu Itiku Munu Tjitjiku Ngura Childcare

Nhulunbuy is home to:

- Yutjuwala Djiwarr Flexible Aged Care
- Nhulunbuy Home Care

Tennant Creek is home to:

- Pulkapulka Kari Flexible Aged Care
- Barkly Home Care



Yutjuwala Djiwarr Flexible Aged Care

Developed in consultation with the Yolngu community, Yutjuwala Djiwarr (Little Heaven) is the first culturally appropriate residential aged care facility Nhulunbuy, East Arnhem Land, and is the newest of our facilities. It supports senior Territorians to age where they have lived, worked and raised their families, helping residents to maintain their strong connections with Country.

The Yolngu vision for the facility is that it provides care and meaning for Yolngu Elders: a place of safety and wellness where Elders are valued for their contribution and wisdom; where they will experience peace and value in their final years; where they can share their knowledge with others and live a life of purpose and serenity. Connecting with family and young minds is equally as important in the balance of health and wellbeing. The connection to Country commences at the entry gate, where stencils of local flora adorn pathways leading to the open, airy and sun-filled buildings, designed to bring the outdoors in.

Yutjuwala Djiwarr is a 33-bed facility, where each bedroom provides access to the outdoors with sheltered verandas, suitable for resting, and visiting family. The large outdoor areas offer an opportunity for reflection among locally sourced plants and shrubs, as well as places to conduct bush medicine healing sessions or just enjoy the outdoors.

Yutjuwala Djiwarr Flexible Aged Care also provides services to consumers in the community.

Nhulunbuy

Nhulunbuy, also known as Gove, is located on the Gove Peninsula in north-east Arnhem Land and is 650km due east of Darwin. Nhulunbuy and its surrounding areas are Indigenous-owned private lands, with the township, mine, refinery and other areas covered by special leases.

Nhulunbuy is a remote community with a population of approximately 3,500 with a large portion of the population identifying as First Nations People. Nhulunbuy is 1,044 km east of Darwin by road largely on unsealed roads which are closed in the wet season. Permits are required for this journey.

City	Distance from Nhulunbuy	Time to travel from Nhulunbuy
Darwin	1,044 km	28-hour drive 1-hour 10-minute flight
Cairns	3,018 km	1-hour 45-minute flight
Alice Springs	1,804 km	1-hour 10-minute flight from Darwin
Melbourne	4,062 km	1-hour 10-minute flight from Darwin
Brisbane	3,732km	1-hour 10-minute flight from Darwin
Adelaide	3,338 km	1-hour 10-minute flight from Darwin
Sydney	4,244 km	1-hour 10-minute flight from Darwin

Amenities

Although remote, Nhulunbuy has all the facilities expected in a modern town, including schools, medical clinics including a hospital, pharmacies, banks, public pool, clothing and specialty stores and many restaurants, pubs and clubs. You can also find a golf course, public pool as well as other sports activities.

Online shopping is also readily available for anything you can't find in town.



Weather

The temperature averages slightly higher than Darwin. Our November, December and January temperatures can rise as high as 35 degrees. The build-up to the wet season can be hot and humid with tropical storms and the occasional cyclone.

The facility has an open space design and there are times where you will find yourself working outdoors in the veranda areas. Staff are encouraged to pack light comfortable clothing for the climate.

	January	February	March	April	May	June
Mean Maximum temperature °C	32.0	31.7	31.5	31.5	30.8	29.5
Mean Minumum temperature °C	25.5	25.2	24.9	24.0	23.2	21.5
Average Rainfall (mm)	235.9	229.1	269.0	232.3	78.6	20.0
	July	August	September	October	November	December
Mean Maximum temperature °C	28.6	29.0	29.8	30.9	31.9	32.4
Mean Minumum temperature °C	20.5	19.9	21.1	22.9	25.1	25.9
Average Rainfall (mm)	12.7	4.3	5.0	10.0	29.8	186.4

Data courtesy of the Bureau of Meteorology - <http://www.bom.gov.au/climate/data/>

Things to do

During your down time, you can read, watch movies or television, visit with your co-workers or enjoy staff BBQs or take in all the Arnhem Region has to offer.

Nearby sites to visit include:

- Galuru (East Woody Beach)
- Buku-Larrnggay Mulka Art Centre at Yirrakala
- Gaynaru Wetlands (Town Lagoon)
- Dhambaliya (Bremer Island)
- Wanuwuy (Cape Arnhem)
- Explore the many beaches, fishing, walking and cultural tours on offer
- Visit the Homelands (by invitation)



Our visit to Galuru (East Woody Beach)



Our visit to Gaynaru Wetlands



Our visit to Wanuwuy (Cape Arnhem)

Photos Courtesy of: Tourism NT

Working for Yutjuwala Djiwarr Flexible Aged Care

Accommodation is provided to some of our employees. Depending on availability we have single and shared accommodation which is fully furnished and secure. You will need to bring toiletries and medication and other personal items, and you may bring your own bed linen if you wish. Duty meals are provided while on shift. Please note, Telstra mobile service is the preferred service to provide adequate coverage.

Depending upon the type of accommodation, you may need to vacate if you are on extended on leave, as your accommodation may need to be occupied by relieving staff.

Typically, the facility runs a set rotating roster, with minor changes due to operational requirements. Flights to your nearest capital city are offered for your time off for some roles. Shifts are between 8 and 12 hours daily depending upon operational and staffing requirements. Days off and range between 1 to 5 days off per fortnight. Work duties can be quite diverse; as the facilities is fairly small, everyone helps with everything.



Things to note

- Although Nhulunbuy is remote, it does have all the essential conveniences for shopping and health care
- Residents can become agitated or aggressive. If this does happen, we have a safe area within the day room/office
- Weather - the weather at Nhulunbuy can reach heats of 35. The build-up to the wet season can be hot and humid with tropical storms and the occasional cyclone.
- Due to the natural environment, we are prone to have a variety of creepy crawly fauna (snakes, spiders, lizards etc.)
- We are a dog friendly facility with a number of furry companions by our resident's sides. Our resident dogs play an important role in the everyday life of our people and are vet checked to ensure they remain happy and healthy too.

Contact us

ARRCS People and Culture Team
08 8982 5200
people@arrcs.org.au
www.arrcs.org.au



Check List prior to arriving at Yutjuwala Djiwarr Flexible Aged Care

- ☐ **1** Details for payroll
 - Bank account details, tax file number, superannuation details, passport and work visa for non Australian Citizens
- ☐ **2** Culturally appropriate clothes for summer and winter
 - Collared shirts, long pants, shorts, jumpers/jackets, gloves socks and a hat. Please also bring coat hangers
- ☐ **3** Appropriate work clothes
 - Long work pants, two pairs of covered work shoes. Uniform shirts will be provided
- ☐ **4** Clothes for leisure time
 - Swimwear and sunscreen for trips to Yulara
 - Sandals, walking boots, running shoes also suggested
- ☐ **5** Required personal medication
- ☐ **6** Money to see you through to your first pay
- ☐ **7** Toiletries, alarm clock, torch and any personally preferred cleaning supplies
- ☐ **8** Electronics and personal items
 - Mobile phone and charger (Telstra is best for coverage), camera, radio, tablet, laptop, books, etc

NOTES



NOTES





ARRCS

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REGIONAL & REMOTE
COMMUNITY SERVICES

CONTACT US

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