



Position Description

Position:	Health and Physical Education Teacher
Position Status:	Part-time (0.82 FTE), fixed-term
Classification:	In accordance with the Presbyterian Ladies' College Teachers Agreement 2026
Reports to:	Head of Health and Physical Education. All positions in the College ultimately report to the Principal.

Presbyterian Ladies' College

Established in 1875, Presbyterian Ladies' College (PLC) is a leading Christian independent school for girls from Kindergarten to Year 12, with onsite boarding available from Year 7.

The campus is situated in the east of Melbourne on a 16-hectare site, creating a unique environment of a school in a park.

Our core values, underpinned by our Christian Ethos, are Integrity, Empathy, Courage, Delight and Service, and these provide an enduring foundation for dynamic learning.

The College Mission is an outstanding education within a Christian context that:

- prioritises care
- promotes holistic development and growth
- personalises learning
- provides enriching opportunities
- perpetuates principled living and a service ethic
- prepares students for their time as scholars, thinkers, citizens, advocates, and leaders

Our consistently impressive academic results reflect the high-quality teaching, dedication of the students and visionary leadership for which the College has long been renowned.

We value and nurture the individual strengths and passions of the students. The personal development of our students is our priority with extensive age-appropriate care and wellbeing programs. Asian and European language studies are part of the curriculum from Prep to Year 12 with many students continuing foreign language study through either the Victorian Certificate of Education or the International Baccalaureate pathway.

The students' talents and interests are nurtured within a rich curriculum program, as well as through extensive co-curricular offerings.

Our ultimate goal is to develop girls who are fully prepared and will flourish in their life and work well beyond school as they contribute in meaningful ways to their community as scholars, thinkers, citizens, advocates and leaders.



Position Overview

Health, Physical Education and Sport are integral parts of a PLC education, as the students develop their own physical fitness and skills whilst gaining an understanding of the importance of teamwork, commitment and fair play.

The program enjoys the use of extensive state-of-the-art facilities to support exceptional student learning experiences and outcomes. The Joan Montgomery Centre (JMC), which opened in 2025, is an impressive physical education and fitness centre that supports the health and wellbeing of our students.

The JMC features three full-sized sports courts (configurable for basketball, badminton, netball and volleyball), a 50 metre, eight lane swimming pool, a learn to swim pool, 1, 3 and 5 metre platform diving towers and seating for 400 spectators. There is a dedicated gymnastics arena, strength and conditioning room including cardio equipment, multipurpose spaces for aerobics, dance and mindfulness, as well as an underground carpark.

In addition, the College features extensive outdoor facilities including a world class hockey pitch that doubles as twelve tennis courts, and a grass oval.

All members of the Health and Physical Education and Sport Department are expected to fully support the day-to-day operations of the department and to be involved in and contribute to the House sport program.

Key Responsibilities:

Examples of duties include but are not limited to:

Teaching

- fostering student passion, interest and excellence in Health and Physical Education
- teaching the subject creatively and with academic rigour
- creating a learning environment that enables trust and respect, engaging all students in the learning process and catering for diverse abilities and learning styles
- working with members of the Health and Physical Education and Sport Department team to plan and deliver units of work and related assessments

Other Duties

- as directed by the Head of Health and Physical Education or Director of Sport
- sport coaching as required
- active participation in the College's pastoral care system and support of Year Level Coordinators and the Deputy Principal (Wellbeing) or the Head of Junior School in caring for all students
- attend scheduled staff meetings, House meetings, Year Level meetings, School Assemblies, Chapel Services, Whole School, Year Level and House events
- participate in co-curricular programs and outdoor education, attending a week-long (five day) camp each year
- actively contribute to a broad range of College activities and attend after hours commitments when required
- actively contribute to College-wide committees
- maintain up-to-date understanding and support of the College's commitments to Child Safety, Health & Safety, and Policy & Compliance



Key Relationships:

- Head of Health and Physical Education
- Director of Sport
- Health and Physical Education Department
- Sport Department
- Senior School Teachers and Staff

Mandatory Qualifications / Registrations / Certifications:

- relevant Teaching qualification
- current Victorian Institute of Teaching (VIT) registration
- current AustSwim teaching qualification or equivalent
- current certification, or willingness to obtain certification, through PLC-run programs:
 - Provide First Aid (HLTAID011) and CPR (HLTAID009) certificates
 - Asthma First Aid certificate
 - Anaphylaxis Management certificate
 - MARAMS - Protecting Children - Mandatory Reporting and Other Legal Obligations for Non-Government Schools (or equivalent)

Please note: Staff are required to maintain current certification and compliance training as required

Knowledge, Skills and Experience:

- demonstrated knowledge and understanding of current teaching and learning approaches in relation to Health and Physical Education and Sport
- demonstrated passion and enthusiasm for the teaching and learning of Physical Education and Sport
- knowledge and experience in teaching VCE Health and Human Development or Physical Education desired
- experienced at coaching across a wide range of sports extra-curricular sport programs
- ability to successfully plan and implement well-structured learning and teaching programs that engage students and promotes learning
- outstanding classroom teaching skills and a capacity to set explicit, challenging and achievable learning goals for all students
- competence in preparing materials and using technology for online learning
- competent in applying information technology to administration and to facilitate learning
- ensure that documentation is in accordance with College requirements
- ensure personal and professional development is ongoing and keep abreast of curriculum initiatives in Health and Physical Education
- the ability to work within and contribute to a team of highly accomplished Health and Physical Education Teachers, particularly in the context of planning units of work and related assessments
- the ability to successfully contribute to collegial discussions and apply constructive feedback from colleagues to improve professional knowledge, curriculum development and practice
- a positive, proactive approach to students, peers, parents and members of the wider community

Key Attributes:

- calm under pressure
- committed to ongoing professional learning and growth in skills
- a warm, positive and considerate manner
- excellent communication skills both written and verbal



Presbyterian Ladies' College

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- ability to work within and contribute to a team of highly accomplished teachers of Physical Education, particularly in the context of planning units of work and related assessments
- ability to successfully contribute to collegial discussions and apply constructive feedback from colleagues to improve professional knowledge, curriculum development and practice
- ability to enthuse and motivate others
- committed to striving for continuous improvement and achieving exceptional outcomes
- possesses a strong work ethic
- willingness to learn new pedagogy to improve classroom teaching
- a positive, proactive approach to students, peers, parents and members of the wider community
- is flexible and has an ability to adapt and operate effectively in a challenging and changing environment
- a commitment to ongoing professional learning and growth in skills

Dr Emma Burgess

Principal

April 2026

The purpose of this position description is to provide a general overview of the key responsibilities of the position and is not intended to represent the entirety of the position nor is it intended to be all-inclusive