

## Seniors Lifestyle Victoria – Team Lead

Employment basis: Fixed term position time-limited and contingent on the funding and duration of the Seniors Lifestyle Victoria pilot program. There is no expectation of ongoing employment beyond the funded pilot period that ends on June 2028. Any continuation would require separate approval and funding.

### **Success Profile**

As at 23/12/2025

# You will make a difference by

- Supporting older people to remain active, connected, and independent through the Seniors Lifestyle Victoria pilot program, delivering a time-limited intervention funded until June 2028.
- Acting as the primary point of contact within the Seniors Lifestyle Victoria pilot, collaborating with participants, families, and multidisciplinary teams to design and implement program-specific action plans aligned to the pilot's service model and evaluation framework.
- Ensuring navigation across health and social care systems for the pilot cohort, facilitating access to services specified in the program model of care, and empowering participants to actively engage throughout the program.
- Proactively collaborating with internal and external partners to implement, test, and refine the pilot model through rapid-cycle quality improvement, data-informed learning, and contribution to formal program evaluation deliverables.

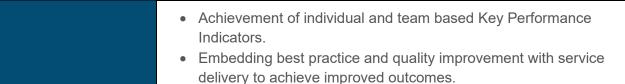
## To succeed, you will need

- A tertiary qualification and at least 5 years' experience in the allied health or related health field.
- Experience in effectively leading and managing teams.
- Service and/or process design mapping (an advantage or wellregarded)
- Excellent holistic clinical assessment and care coordination skills.
- Passion for supporting older persons to build knowledge, skills and confidence to self manage their health
- Demonstrated experience in stakeholder engagement with proven ability to strategically engage, negotiate and influence others to achieve better outcomes
- Experience empowering adults in a planned and structured way to improve health and wellbeing outcomes particularly with diverse and disadvantaged communities
- Strong technical skills with ability to adapt to new platforms and client management systems.
- Current Victorian driver's licence and Working with Children's Check.



### You will improve Acting with purpose, measuring our results, and celebrating and promote One achievements (We make a difference) Team IPC Health by • Going above and beyond, demonstrating understanding and respect for our communities and each other (We are passionate) Learning, experimenting and innovating (We are creative) We will contribute to Providing opportunities for you to share what is important to you, your success by your wellbeing, and what you need. Aligning the contribution you make to IPC Health's strategy. Guiding you in what to do, when and how to do it. Developing your skills with regular feedback and exploring career opportunities. • Ensuring you feel fulfilled at the end of each workday. • Being committed to maintaining a barrier-free environment for all and welcoming individuals of diverse backgrounds, including but not limited to, those from the Aboriginal and Torres Strait Islander, Culturally and Linguistically Diverse and the LGBTI communities. **Key Deliverables** Support planning and implementing the Seniors Lifestyle Program and Measures Support clients with complex presentations • Act as the main point of contact for participants throughout the program, providing coordination and service navigation Conduct goal-setting appointments using a person-centred, strength-based approach. • Support participants to identify and articulate personal goals related to health, wellbeing, and independence. • Undertake required assessments (e.g., Timed Up and Go, Hand Grip Strength, Malnutrition Screening Tool, Patient Activation Measure) at entry, mid-point, and exit • Develop, implement, and regularly review individualised action plans that reflect participants' goals, strengths, and needs. Provide regular check-ins, motivation, and health coaching to encourage progress and sustained engagement. Facilitate safe and coordinated transition planning when participants exit the program. • Coordinate the delivery of core and supporting services across multiple providers, ensuring services are timely and responsive. Facilitate communication and collaboration between participants, carers, GPs, allied health, and community organisations. Proactively identify and address barriers to care, including access, transport, or health literacy challenges. • Support referrals to and from the program, ensuring appropriate information sharing and follow-up.





Team	Seniors Lifestyle Victoria
Reports to	Allied Health Senior Manager
Key relationships	<ul> <li>Patient centred care for individuals who attend IPC Health services including their carers and families.</li> <li>IPC Health internal teams including but not limited to Allied Health, Medical Services, Refugee Health, Care Finders and Aged Care</li> <li>Local hospital services and private specialists.</li> <li>Local health networks including nursing services, General Practitioners and external agencies who provide services across Wyndham, Hobson's Bay, Brimbank and Melton areas.</li> </ul>

### Our Purpose

Improve quality of life for the people and communities we serve by maximising access to health and wellbeing services.

#### **Our Values**

### We are passionate

We go above and beyond, demonstrating understanding and respect for our communities and each other.



### We make a difference

We act with purpose, measure our results and celebrate achievements.



### We are creative

We learn, experiment and innovate

