

# Seniors Lifestyle Victoria – Wellbeing Navigator

Employment basis: Fixed term position time-limited and contingent on the funding and duration of the Seniors Lifestyle Victoria pilot program. There is no expectation of ongoing employment beyond the funded pilot period that ends on June 2028. Any continuation would require separate approval and funding.

## Success Profile

As at 23/12/2025

<p><b>You will make a difference by</b></p>	<ul style="list-style-type: none"> <li>• Supporting older people to remain active, connected, and independent through the Seniors Lifestyle Victoria pilot program, delivering a time-limited intervention funded until June 2028.</li> <li>• Be the primary point of contact for the Seniors Lifestyle Victoria program, working collaboratively with participants, their families, and multidisciplinary teams.</li> <li>• Develop and implement tailored action plans that address the participant's goals within the pilot program and promote sustainable improvements in health and wellbeing.</li> <li>• Complete assessments relating to client functional outcomes connected to the Seniors Lifestyle Victoria Pilot.</li> <li>• Facilitating smooth transitions and facilitating meaningful connections for clients throughout their journey with relevant internal and external services.</li> <li>• Ensuring seamless navigation across health and social care systems, facilitating access to appropriate services, and empowering participants to take an active role in their own health journey.</li> </ul>
<p><b>To succeed, you will need</b></p>	<ul style="list-style-type: none"> <li>• Relevant certifications in health related area/s, peer support work, etc.</li> <li>• At least 2 years experience working in a community health setting.</li> <li>• Experience in motivational interviewing or health coaching techniques.</li> <li>• Passion for supporting older persons to build knowledge, skills and confidence to self-manage their health.</li> <li>• Ability to work collaboratively in a multi-disciplinary team.</li> <li>• Ability to provide culturally inclusive &amp; safe support to a diverse community.</li> <li>• Strong technical skills with ability to adapt to new platforms and client management systems.</li> <li>• Current Victorian driver's licence and Working with Children's Check.</li> </ul>

<b>You will improve and promote One Team IPC Health by</b>	<ul style="list-style-type: none"> <li>• Acting with purpose, measuring our results, and celebrating achievements (<i>We make a difference</i>)</li> <li>• Going above and beyond, demonstrating understanding and respect for our communities and each other (<i>We are passionate</i>)</li> <li>• Learning, experimenting and innovating (<i>We are creative</i>)</li> </ul>
<b>We will contribute to your success by</b>	<ul style="list-style-type: none"> <li>• Providing opportunities for you to share what is important to you, your wellbeing, and what you need.</li> <li>• Aligning the contribution you make to IPC Health's strategy.</li> <li>• Guiding you in what to do, when and how to do it.</li> <li>• Developing your skills with regular feedback and exploring career opportunities.</li> <li>• Ensuring you feel fulfilled at the end of each workday.</li> <li>• Being committed to maintaining a barrier-free environment for all and welcoming individuals of diverse backgrounds, including but not limited to, those from the Aboriginal and Torres Strait Islander, Culturally and Linguistically Diverse and the LGBTI communities.</li> </ul>
<b>Key Deliverables and Measures</b>	<ul style="list-style-type: none"> <li>• Act as the main point of contact for participants throughout the program, providing support and service navigation.</li> <li>• Conduct goal-setting appointments using a person-centred, strength-based approach.</li> <li>• Support participants to identify and articulate personal goals related to health, wellbeing, and independence.</li> <li>• Undertake required assessments (e.g., Timed Up and Go, Hand Grip Strength, Malnutrition Screening Tool, Patient Activation Measure) at entry, mid-point, and exit (with supervision if required).</li> <li>• Develop, implement, and regularly review individualised action plans that reflect participants' goals, strengths, and needs.</li> <li>• Provide regular check-ins and motivation, to encourage progress and sustained engagement.</li> <li>• Facilitate safe and coordinated transition planning when participants exit the program.</li> <li>• Coordinate the delivery of core and supporting services across multiple providers, ensuring services are timely and responsive.</li> <li>• Facilitate communication and collaboration between participants, carers, GPs, allied health, and community organisations.</li> <li>• Proactively identify and address barriers to care, including access, transport, or health literacy challenges.</li> <li>• Support referrals to and from the program, ensuring appropriate information sharing and follow-up.</li> <li>• Achievement of individual and team based Key Performance Indicators.</li> </ul>

<b>Team</b>	<ul style="list-style-type: none"> <li>Seniors Lifestyle Victoria</li> </ul>
<b>Reports to</b>	<ul style="list-style-type: none"> <li>Allied Health Senior Manager</li> </ul>
<b>Key relationships</b>	<ul style="list-style-type: none"> <li>Patient centred care for individuals who attend IPC Health services including their carers and families.</li> <li>IPC Health internal teams including but not limited to Allied Health, Medical Services, Refugee Health, Care Finders and Aged Care</li> <li>Local hospital services and private specialists.</li> <li>Local health networks including nursing services, General Practitioners and external agencies who provide services across Wyndham, Hobson's Bay, Brimbank and Melton areas.</li> </ul>

## Our Purpose

Improve quality of life for the people and communities we serve by maximising access to health and wellbeing services.

## Our Values

### We are passionate

We go above and beyond, demonstrating understanding and respect for our communities and each other.



### We make a difference

We act with purpose, measure our results and celebrate achievements.



### We are creative

We learn, experiment and innovate.

