



Position Description

Position:	Sports Coach (Rowing)
Position Status:	Casual
Classification:	Level 4, in accordance with The Educational Services (Schools) General Staff Award 2020
Reports to:	Head Rowing Coach and Director of Sport. All positions in the College ultimately report to the Principal

Presbyterian Ladies' College

Established in 1875, Presbyterian Ladies' College (PLC) is a leading Christian independent school for girls from Kindergarten to Year 12, with onsite boarding available from Year 7.

The campus is situated in the east of Melbourne on a 16-hectare site, creating a unique environment of a school in a park.

Our core values, underpinned by our Christian Ethos, are Integrity, Empathy, Courage, Delight and Service, and these provide an enduring foundation for dynamic learning.

The College Mission is an outstanding education within a Christian context that:

- prioritises care
- promotes holistic development and growth
- personalises learning
- provides enriching opportunities
- perpetuates principled living and a service ethic
- prepares students for their time as scholars, thinkers, citizens, advocates, and leaders

Our consistently impressive academic results reflect the high-quality teaching, dedication of the students and visionary leadership for which the College has long been renowned.

We value and nurture the individual strengths and passions of the students. The personal development of our students is our priority with extensive age-appropriate care and wellbeing programs. Asian and European language studies are part of the curriculum from Prep to Year 12 with many students continuing foreign language study through either the Victorian Certificate of Education or the International Baccalaureate pathway.

The students' talents and interests are nurtured within a rich curriculum program, as well as through extensive co-curricular offerings.

Our ultimate goal is to develop girls who are fully prepared and will flourish in their life and work well beyond school as they contribute in meaningful ways to their community as scholars, thinkers, citizens, advocates and leaders.



Context of the Role

PLC has a strong rowing program that is supported by an enthusiastic parent body. Rowing is offered to Senior School students, commencing in Term 3 which includes the Learn to Row program.

Position Overview

Rowing Coaches are responsible for helping to create and maintain a positive environment where all rowers and coxswains have the opportunity for personal growth. As a Coach, you will support and foster a rowing program that is engaging, challenging and inclusive across all year level groups and abilities. Coaches are responsible for implementing our training plan and instructing rowing in line with the PLC technical model directed by the Head Rowing Coach or Director of Sport.

Key Responsibilities:

Examples of duties include but are not limited to:

- assisting with the training, supervision and mentoring of PLC rowers and coxswains
- implementing the training program, as administered by the Head Rowing Coach
- monitoring, coaching and providing feedback to students to improve their technical skills, physical conditioning and mental skills for optimal rowing performance
- actively contributing to a positive, motivated and professional rowing culture
- assisting the Head Rowing Coach to provide and ensure a positive learning environment for all students enrolled in the sport
- when needed, assist with crew selection in line with the PLC selection policy involved with the trial / selection process for teams
- within reason and skill level, maintain safe standards of equipment and undertake any repairs necessary
- reporting any faults or maintenance requirements for equipment to the Head Rowing Coach or Director of Sport
- being aware of and adhering to all risk management procedures with the safety of students at the forefront
- being aware of and adhering to the College's sporting philosophy and expectations
- promoting and supporting PLC sport culture and student commitment to sport
- undertaking professional development at the recommendation of the Head Rowing Coach or Director of Sport
- being aware of and demonstrating appropriate management of any specific student medical conditions
- maintaining up to date knowledge of all emergency procedures
- wearing appropriate attire at all times, in accordance with the College dress code
- ensuring students follow all uniform rules and following up with any non-compliance in a timely manner

Other Duties:

- as directed by the Head Rowing Coach or Director of Sport
- maintain up-to-date understanding and support of the College's commitments to Child Safety, Health & Safety, and Policy & Compliance



Attendance Requirements:

- pre-season staff training and induction session
- coaching meetings, as required
- weekend regattas, as required
- intensive rowing camp (5 day camp in January)
- Head of School Girls Regatta
- all prescribed water sessions that correlate to your assigned squad

Key Relationships:

- Sports Department

Mandatory Qualifications / Registrations / Certifications:

- current Working with Children Check (Employee), essential
- current Rowing Australia Level 1 Coaching accreditation, essential
- Marine License, desirable
- current certification, or willingness to obtain certification, through PLC-run programs:
 - Provide First Aid (HLTAID011) and CPR (HLTAID009) certificates
 - Asthma First Aid certificate
 - Anaphylaxis Management certificate
 - MARAMS - Protecting Children - Mandatory Reporting and Other Legal Obligations for Non-Government Schools (or equivalent)

Please note: Staff are required to maintain current certification and compliance training as required

Knowledge, Skills and Experience:

- a strong coaching background in rowing
- demonstrated experience in training, mentoring and developing young people in sport
- ability to stay abreast of current and developing trends in rowing and in school sport generally (i.e. new training techniques and technologies)

Key Attributes:

- a positive, trusted and respected role model for students and staff
- enthusiasm and the ability to motivate and engage students
- excellent interpersonal and communication skills with coaches, students and parents
- ability to work collaboratively as part of a team
- good organisational skills and strong attention to detail
- sound communication skills, displaying sensitivity and discretion
- proven reliability and dependability
- calm under pressure
- a commitment to ongoing professional learning and growth in skills
- willingness to uphold the ethos and values of the school at all times



Presbyterian Ladies' College
MELBOURNE



Mrs Cheryl Penberthy
Principal

September 2025

The purpose of this position description is to provide a general overview of the key responsibilities of the position and is not intended to represent the entirety of the position nor is it intended to be all-inclusive