## Psychologist Child Youth & Family



## The purpose of this position

The **purpose** of the position is to provide high quality, culturally appropriate psychological interventions to children, young people & families, in line with individual goals and program requirements.

## **About the position**

- This position is within Child Youth & Family directorate.
- This position reports to the Team Leader.
- This position allows for flexibility.
- The position leads a team.
- The position is designated Band 7 under the Schedule of Authorities and Delegations.
- The position is a: ☐ Budget holder ☐ Has designated revenue or billing targets.
- This position maybe advertised externally as Psychologist.

## Key areas of responsibility

- Provide psychological assessment, consultation, therapeutic interventions and professional services to children, young people and families, often in relation to the impact of trauma and mental health.
- Implement appropriate evidence-based interventions that meet the needs of the child, young person and/or family.
- Understand and select appropriate psychological assessment/s based on that persons need and support those decisions in report writing.
- Include any psychological related health and medical needs into both the assessment and the intervention recommendations using best practice standards.
- Participate in collaborative discussions and case plans meetings with clients, carers / family and other health
  professionals to achieve the best outcomes for the client's current risks and to map with that group the goals and
  evaluation required to achieve those.
- Provide education to primary carers as necessary, to allow understanding of the implications recommended.
- Keep up to date records and necessary reports e.g. Support plans, assessment reports, intervention summaries.
- Maintain knowledge and psychology best practice to bring to team meetings and client discussions.
- Attend and participate in team meetings and supervision.
- Report resource needs and clinical issues to the manager.
- Use available technology, resources, systems, and processes to ensure an efficient service for clients.
- Follow all policies and procedures outlined for disability services.
- You may also be required to design, provide, monitor, and evaluate high quality, culturally appropriate behaviour support services to people with an intellectual disability.
- If you are advised that this is required as part of your employment, then you must be considered 'suitable' via an application process to the NDIS to provide behaviour support services.

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## **Key outcomes**

#### When things are going well, we would expect to see these outcomes:

- The team works collaboratively to ensure services are coordinated efficiently and effectively to meet the client's goals and outcomes.
- Psychological services are timely, efficient and effective. They meet the goals identified by the client, their families/carers within available resources.
- Services for clients with complex needs are well coordinated, efficient and effective and goal focussed.
- Services provided are clearly understood by the client, their family/carers and the multidisciplinary team.

## **Key Capabilities**

#### **Essential criteria**

- Degree qualification recognised by the national professional association.
- Registered with Australian Health Practitioners Regulations Agency (AHPRA).
- Previous experience working with people with children, youth and families completing relevant assessments, psychological interventions to support improved outcomes.
- Demonstrated experience working in a collaborative, multi-disciplinary team with an ability to work with a range of stakeholders.

#### **Key attributes**

- Ability to communicate effectively with clients, their families and staff.
- Ability to support others to better understand the role of psychology and its benefits.
- Ability to apply evidence informed practice to optimise outcomes.
- Ability to translate complex information relating to the discipline in an easily understood, practical way.
- Strong analytical and report writing skills.
- Ability to work flexible hours.

#### People who know this position say that

#### People who know this position say the things that might make your day are:

- Being able to advocate for the needs of the client.
- Working with the team to get a comprehensive view and reach better outcomes.
- Reflecting on positive feedback when suggestions have been helpful.
- Giving back to the profession through communities of practice.

#### People who know this position say some key challenges you might experience are:

- The potentially serious consequences of advice and its impact on clients.
- Managing time to complete non client related work requirements.
- Ensuring self-care to prevent burn out.

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## Work and flexibility

While The Benevolent Society has great tools to connect us remotely, sometimes we will need to connect in person. This means we need to travel on occasion.

## This position may require:

$\boxtimes$	Overnight travel/stays.		Weekend work.
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 $oxed{\boxtimes}$  Travel between office locations/regions.  $oxed{\boxtimes}$  Evening work.

oximes Travel to clients (varied locations). oximes Special event support.

☐ Use of own registered, insured (comprehensive) motor vehicle.

 $oxed{oxed}$  Use of TBS pool cars.

## **Key relationships**

#### We work collaboratively with others. This position works closely with:

Within The Benevolent Society:

Managers and Team Leaders

Mental Health Support Workers

• Child and Family Practitioners

Outside The Benevolent Society:

- Children, youth and their carer/family
- Staff from other Non-Government organisation providing family-based supports
- Department of Education, Department of Health and Department of Communities and Justice