

Senior Counsellor

Carer Gateway



The purpose of this position

The **purpose** of the position is to support the team to provide high quality counselling services to carers accessing support through the Carer's Gateway Program. Following assessment, it may be identified that a carer would benefit from counselling in order to improve their quality of life while continuing to care for an older person or person with a disability. Counselling for carers is provided across the three key domains of work, health and feelings. This position will use strength-based frameworks to provide therapeutic services such as counselling, therapeutic group work, information and research services to support people impacted by their role as a carer to improve their quality of life.

About the position

- This position is within Ageing & Carers directorate.
- It's part of the Carer Gateway team.
- This position **reports to** the Team Leader.
- This position allows for flexibility.
- ☒ The position supports the Team Leader to lead a team.
- The position is designated Band 7 under the ***Schedule of Authorities and Delegations***.
- The position is a: ☐ Budget holder ☐ Has designated revenue or billing targets.

Key areas of responsibility

- Provision of professional support supervision to other counsellors to review and advise on clinical practice.
- Work with counsellors to support them to undertake the required professional development and working to professional standards.
- Provide intervention and support to carers over the phone, in person, or via other technological means.
- Undertake assessments to identify effective counselling intervention and support.
- Provide information, referral and advocacy to support individuals and families to access appropriate resources and services, both within The Benevolent Society and with external agencies and service providers.
- Provide face to face, video and telephone counselling services to people seeking to improve quality of life through a focus on the domains of work, health and feelings, where these domains are impacted by their role as a carer.
- Engage carers using appropriate strengths-based assessments and risk minimisation processes.
- Coordinate with other service providers including government departments and agencies, schools, health services, GP's and allied health providers to ensure services are delivered.
- Assist clients to engage with wrap around services directly, as appropriate.
- Plan, develop and facilitate or co-facilitate therapeutic groups and workshops for carers.
- Support the general team during busy periods or during leave (where individual has skills and experience to do so).

The Benevolent Society

Senior Counsellor

Carer Gateway



- Document client services and client changes using technology and paper-based systems in a clear, logical, understandable and timely way.
- Advise the Team Leader of any significant changes or concerns regarding the client, their home environment, wellbeing, their services or case plan, or other risks, as soon as possible.
- Make child protection reports to the community services helpline when assessed as necessary, in consultation with the Team Leader or Manager.

Key outcomes

When things are going well, we would expect to see these outcomes:

- Clients are able to access services in a timely way.
- The needs of clients are appropriately assessed, with referral to appropriate services.
- The way we work with clients in crisis is effective, supportive, and appropriately documented.
- Clients indicate they are satisfied with their service.
- Improved outcomes for clients are identified as an outcome of service delivery.

Key Capabilities

Essential criteria

- A minimum of a current Australian Counselling Association Accreditation Level 2; or a Psychotherapy and Counselling Federation of Australia Provisional Certified Practicing Accreditation; or an Australian Association of Social Workers accreditation – ordinary member.
- At least 3 years' experience providing counselling services and group work.
- Post graduate qualifications in counselling would support success.
- Experience in mentoring supervising other Counsellors.

Key Attributes

- Knowledge of wrap around and referral services available.
- Excellent understanding of carers issues in the domains of work, health and feelings and how these impact on quality of life.
- Ability to quickly and effectively evaluate the needs of a client who may be in crisis and identify potential referrals that may meet their needs.
- Ability to work under pressure.
- Ability to apply counselling theories, skills and knowledge to clients experiencing issues relating to area of specialty.
- Experience facilitating programs for individuals and groups.
- Good relationship building skills with the ability to quickly build relationships with different stakeholders.
- Good negotiation, liaison and advocacy skills.
- Understanding of the needs of diverse communities such as Aboriginal and Torres Strait Islander, culturally and linguistically diverse (CALD), and gay, lesbian, bisexual, transgender and intersex (LGBTI) communities.

The Benevolent Society

Senior Counsellor

Carer Gateway



People who know this position say that

People who know this position say the things that might make your day are:

- Being able to positively influence a client's future.
- Being able to advocate for the needs of people impacted by their role as a carer.
- Working with the team to get a comprehensive view and reach better outcomes.
- Reflecting on positive feedback when suggestions have been helpful.

People who know this position say some key challenges you might experience are:

- Ensuring self-care to prevent burn out.
- Managing competing priorities and needs of stakeholders within required timeframes.
- Facilitating workshops with people from diverse backgrounds with shared experience of being a carer.

Work and flexibility

While The Benevolent Society has great tools to connect us remotely, sometimes we will need to connect in person. This means we need to travel on occasion.

This position may require:

- | | |
|---------------------------------------------------------------------------------------------------|------------------------------------------------------------|
| <input checked="" type="checkbox"/> Overnight travel/stays. | <input checked="" type="checkbox"/> Weekend work. |
| <input checked="" type="checkbox"/> Travel between office locations/regions. | <input checked="" type="checkbox"/> Evening work. |
| <input checked="" type="checkbox"/> Travel to clients (varied locations). | <input checked="" type="checkbox"/> Special event support. |
| <input checked="" type="checkbox"/> Use of own registered, insured (comprehensive) motor vehicle. | |
| <input checked="" type="checkbox"/> Use of TBS pool cars. | |

Key relationships

We work collaboratively with others. This position works closely with:

Within The Benevolent Society:

- Client Support Partners
- Support Centre
- Other Counsellors
- Delivery partners
- Managers

Outside The Benevolent Society:

- Carers and their families
- Other service providers and agencies
- Wrap around services such as schools, allied health