

# POSITION DESCRIPTION

Head of Coaching - Rowing / 1st VIII Coach

#### **POSITION OBJECTIVES**

Work collaboratively with the Teacher in Charge - Rowing, coaches and other staff to provide an inclusive rowing program to enable students to achieve their full potential.

#### **KEY RESPONSIBILITIES**

#### Leadership

- Demonstrate commitment to the College vision and mission
- Establish excellent standards of behaviour to ensure the Rowing program reflects the College's Vision at all times.
- Monitor training standards and workload within the Rowing Program to enable a life long love of the sport and overall wellbeing
- In conjunction with the Teacher in Charge Rowing, provide leadership to all coaches within the program by way of mentoring and program development
- Work closely with the Teacher in Charge Rowing, Dean of Sport and Deputy Principal – Community Engagement to set the vision for rowing at St Kevin's College

#### **Specifics of the Position**

#### 1st VIII Coach

- Coach the 1<sup>st</sup> VIII Crew
- Ensure all boys you directly coach have a rich and rewarding experience and leave the college with a love of rowing and sport beyond school
- High level technical skills in both sweep and sculling and in the rigging of boats
- Strong understanding of programming (including incorporation of Conditioning /Nutrition preparation) for rowing
- Understanding the nuances of coaching schoolboys (with their other priorities including their compulsory 2<sup>nd</sup> sport and the holistic expectation of the college)
- Knowledge of Peach© and other biomechanical software packages
- Oversee the other senior coaches, in particular the 2<sup>nd</sup> VIII coach
- Foster a collaborative and supportive team environment where all senior rowers feel included in the program
- Set high but realistic targets for the achievements of the crew each year at both State and National level
- Work with the capacity of the athletes to support them performing at their best
- Be dynamic and responsive to the needs of students across the season.

#### **Head Coach - Rowing**

- Set appropriate programs for all years and abilities of rowing from enjoyment to performance
- Demonstrate a high-level knowledge of Sport Science to help create appropriate programs for all students, specifically understanding adolescent development
- Ensure that the St Kevin's model of rowing is adhered to by all year levels
- Attend at least one training session per week with Year 8, 9 and 10 programs mentoring and building capacity of coaches.
- With the Teacher in Charge Rowing implement a selection policy for all year levels
- Identify potential athletes across all year levels who may show elite potential and coordinate/ deliver an athlete development plan for these students
- Through your commitment to student outcomes, ensure strong retention in the rowing program
- Demonstrate a high level of care for students and staff involved in Rowing
- Liaise with the College's Strength and Conditioning Team in the provision of programs for the entire program

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KEY RESPONSIBILITIES	
	Meet regularly with coaches in program development and delivery     Assist the Teacher in Charge – Rowing in the recruitment of coaches
Communication	<ul> <li>Organise and attend coach and other meetings regularly</li> <li>Communicate with Senior parents in your role of 1<sup>st</sup> VIII coach training programs and details of training/ venues regularly</li> <li>Meet regularly with the Dean of Sport and TIC of Rowing</li> <li>Maintain open communication channels with coaches and students</li> <li>Provide prompt, accurate and professional responses to students, staff and parents</li> <li>Liaise with other sports at the college to ensure that boys have a balanced approach to all their sport selections across the college.</li> </ul>
Administration	<ul> <li>In conjunction with the Teacher in Charge – Rowing provide calendar of events to coaches, athletes and parents</li> <li>Assist in the organisation of and attend all regattas including transport</li> <li>Assist in the organisation of and attend camps including accommodation, transport and hire of vehicles</li> <li>Be responsible for correct uniform worn by students during training and at regattas</li> <li>Organise and attend meetings within the Sports Department as required</li> <li>Provide accurate attendance and performance records of students and coaches</li> <li>Assist the boatman in organisation of the boatshed both in season and out of season</li> <li>In conjunction with the TIC and Dean of Sport formulate a capital equipment plan.</li> <li>Work with the Sports Office in the management of rowing</li> </ul>
Building and maintaining relationships	<ul> <li>Maintain quality external relationships (APS, Rowing Victoria, Rowing Clubs, Rowing Australia, Overseas Colleges).</li> <li>Be active in the rowing community including elite coaching (with SKC being the priority)</li> <li>Work with other St Kevin's Sports and Co-Curricular programs to ensure that boys have a balanced school experience (acknowledging that all St Kevin's students must participate in two compulsory sports per year with many also involved in the college's music, productions, debating programs).</li> <li>Maintain quality internal relationships with all coaches, staff, students and parents</li> <li>Use consultative and collaborative approaches to solve problems, make decisions, develop and implement initiatives that promote wellbeing</li> <li>Elevate parent concerns to the Teacher in Charge – Rowing and the Dean of Sport.</li> </ul>
Child Safety	<ul> <li>Be familiar with and comply with the school's child-safe policy and code of conduct, and any other policies or procedures relating to child safety</li> <li>Assist in the provision of a child-safe environment for students</li> <li>Demonstrate duty of care to students in relation to their physical and mental wellbeing</li> </ul>
Professional development	<ul> <li>Commit to ongoing professional development</li> <li>Provide inductions and leadership to coaches in this space</li> <li>Be open to researching areas of interest relevant to directions provided in the school's strategic plan</li> <li>Continue development of ICT skills as technologies evolve</li> </ul>
General Duties	Abide by the St Kevin's Code of Conduct

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## **KEY RESPONSIBILITIES**

**SELECTION CRITERIA** 

- Contribute to a healthy and safe work environment for yourself and others and comply with all safe work policies and procedures
- Attend school meetings, conferences and after school services/assemblies, sporting events, mass, community and faith days as required by the Principal
- Be available on call during the term break and other 'out of school hours' times for emergency situations that may arise
- Other duties as directed by the Dean of Sport, including helping with major school carnivals were possible.
- The College reserves the right to alter this position description as required to reflect emerging priorities

### Commitment to A demonstrated understanding of the ethos of a Catholic school and its Catholic Education mission A demonstrated understanding of the mission and vision of the College Commitment to A demonstrated understanding of child safety **Child Safety** A demonstrated understanding of appropriate behaviours when engaging with children Be a suitable person to engage in child-connected work Must hold or be willing to acquire a Working with Children Check Card and must be willing to undergo a National Police Record Check **Education and Experience Essential:** Experience coaching to a 1st VIII or elite level First Aid certificate Anaphylaxis Awareness training • Level 3 NCAS – Rowing (preferable) Desirable other: Experience with youth athletes Nutritional expertise Light Rigid Motor Vehicle Licence Ability to tow a rowing trailer to regattas/camps **Skills and Attributes** Ability to work as part of a team with the ability to cultivate creativity respect and honesty to ensure St Kevin's Rowing meets its long term goals Presents a professional and positive demeanour and is a solution orientated person Proven ability to work collaboratively and energetically within a dynamic organisation, by being proactive, demonstrating initiative and a willingness to accept responsibility Demonstrates a respect for and acceptance of difference in students,

parents and staff

Well-developed decision making skills

number of competing priorities

Ability and willingness to accept policy directives

Good oral and written communication skills, including ability to build rapport and communicate with children, parents and the College community Strong collaboration, conflict resolution, negotiation and persuasion skills Demonstrated capacity to participate in a range of school activities, e.g. school sports, sacramental programs, liturgies, school camps/excursions Strong organisational and time management skills, with an ability to prioritise tasks, meet prescribed deadlines, and concurrently manage a

## Position Description Approved (date):

Position Reports to: Dean of Sport, Teacher in Charge - Rowing

Job level/classification: In accordance with the CEMEA 2022

This job is classified as 0.75 FTE. Option to convert this position to 1.0 FTE if other skills can be utilised by the college (i.e. Teaching, Boat repairs, Sports Admin) depending on the applicant.

The school may appoint a candidate to only coach the 1st VIII which may affect the FTE offered.